

## The Next Two Weeks

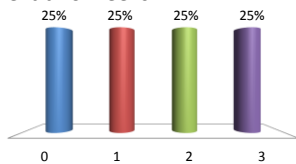
## 6 Things You Can Do

1. Chose actions based on your challenges/opportunities
2. Identify small, clear steps
3. Schedule the steps
4. Identify barriers and strategies
5. Express intentions
6. Set reminders



I have identified \_\_\_\_ items that I am confident I will take action on in the next two weeks.

- A. 0
- B. 1
- C. 2
- D. 3



## Action Planning

Review your action planning sheet

Identify:

- Commitments
- Immediate next step and date
- Biggest barrier
- How to overcome

My Action Plan			
What will I do...	Immediate Next Step & Date	Biggest Barrier	How to Overcome

## Paired Coaching

1. What is the action item you will work on?
2. What are your reasons for choosing that item?
3. What is the immediate next step? When will you do that?
4. What is the biggest barrier?
5. How will you overcome that barrier?

## One Word

Give us **one** word that summarizes how you are feeling about our work over the last two days.

## How Can EBAA Help?

- A. Webinar
- B. Listserv
- C. Accountability Partner
- D. Other

